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DERBYSHIRE  
YOUNG  
CARERS

# COVID-19 PANDEMIC SERVICE

AUTUMN / WINTER 2020

**The Young Carers Service continues to support Young Carers and is taking new referrals.**

## Our Support:

- Telephone and video calls with a support worker
- Group video calls with Young Carers and a support worker
- Emails with information and guidance
- Group activities and games virtually
- Support models in coping strategies
- Survival kits distribution
- Video calls with your support worker while you are in school
- Outdoor home visits with a support worker at a distance in your garden or on your doorstep (currently under review due to COVID restrictions and individually risk assessed)
- Texts / WhatsApp chats with your support worker or with a small group of Young Carers

## Examples of Recent Support:

- October half term activity packs
- October half term online cook off, mental health support, online mystery games
- Film Project November 2020
- Football Competition – Signed DCFC shirts
- Cookery Competition – Prizes for top chefs
- Pumpkin Carving Competition
- Virtual assemblies for schools
- PSHE activities for schools
- Resources for schools and GP surgeries
- Funding for library of IT equipment
- Funding for school uniforms
- Food vouchers
- Access to counselling service
- Christmas activity booklets

**Activities and outings for groups of Young Carers face to face are not currently operating due to COVID-19. This will be reviewed following further guidance.**



Please get in touch:

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